

Athens County Cares

Symptoms of Dementia

**DIFFICULTIES WITH
EVERYDAY TASKS**



**CONFUSION IN
FAMILIAR
ENVIRONMENTS**

**DIFFICULTIES WITH
WORDS AND NUMBERS**



MEMORY LOSS

**CHANGES IN MOOD
AND BEHAVIOR**



Athens County Cares

creating a
Dementia Inclusive Athens County

OUR MISSION

Empowering adults living with cognitive decline through a holistic program which safeguards their dignity and independence, while improving their and their caregivers quality of life.

OUR PROGRAMMING

Athens County Care Consultation

A free, telephone and email or mail based program for individuals who have cognitive decline, at risk for dementia, dementia like symptoms, or a diagnosis of dementia, and their caregivers.

S.H.A.R.E. for Dementia

Standing for Support, Health, Activities, Resources, and Education, this is a six week course for individuals diagnosed with early stage dementia to help plan for tomorrow while getting the most out of today.

Dementia Friends

A Dementia Friend participates in a one-hour Dementia Friends session, learning to recognize the signs and symptoms of dementia, turning their understanding into practical action, and encouraging others to become Friends.

Connection Café

Held at various locations around Athens County, providing opportunities for caregivers and individuals with dementia to connect with others through social activities and educational activities.

To learn more call:
740-594-3535

Or visit:
www.athenscountycares.org

A PROJECT OF UNITED SENIORS OF ATHENS
COUNTY, PARTNERED WITH THE ATHENS VILLAGE

